

Healthy Gourmet To Go's Compassionate Thanksgiving To Go

Totally: vegan~gluten free~organic

*I'm honored and privileged to provide you and your loved ones with a scrumptious,
healthful and cruelty free holiday feast this year.
Please order early so we can be sure to fit you in for delivery or pick up.*



Standard Bag...you get everything below \$180 (plus tax)*
Family Bag... you pick six dishes below/get all quarts \$200 (plus tax)*

** Additional delivery charges apply.*

*Delivery to your door or Pick up at the cafe: November 24th or 25th
Reserve your holiday feast soon. Limited orders available.*

~Thanksgiving Menu~

Coconut-Curried Butternut Bisque

Coconut-curried butternut squash, red lentil, root vegetable bisque topped with thyme grilled pear, chives and pumpkin spiced seeds. This rich and delicious dish will wow your socks off. 7 points per pint F and Nut Free

Lentil Walnut Faux Foie Gras

Lentil-walnut pate' with caramelized onions (vegan 'chopped liver' better and healthier than Grandma used to make!) Makes a superb appetizer or entree when served w. crackers or crudités, on toast or salad. 6 points per pint F and NUTS

Garnet Yam n' Marshmallow Tart

Baked herbed oat-nut crust filled with smashed garnet yam infused with pineapple and nutmeg topped with vegan marshmallows 10 points per quart F and NUTS

UN-Egg Salad

Delicious tofu UN-egg salad filled with scallion, celery, red onion, 'mayo' and fresh dill. Makes a superb appetizer or entree. Serve w. crackers or crudités, toast or salad. 6 points per pint F and Nut Free

Baked Stuffed Portabella

Huge stuffed portabella mushroom filled with sautéed spinach and onions, herbed quinoa, toasted walnuts and fresh thyme topped with 'mozzarella cheeze' ready for you to bake at home. 7 points per mushroom F and NUTS

Yukon Potatoes n' Peas

Creamy Yukon potatoes with sweet green peas, fresh sage, roasted garlic, capers and olive oil 8 points per pint Nut Free

Savory Holiday Stuffing

Wild and brown rice stuffing filled with toasted walnuts, dried unsweetened cranberries, sautéed onions, celery and apples finished with fresh rosemary. 8 points per tart F and NUTS

Mac n' Cheeze w. Sage Breadcrumb Topping

Delicious 'cheezy' fusilli brown rice pasta loaded with 'cheeze' and sage breadcrumb topping. Kids young and OLD love this mac n' cheeze. A great addition to any feast! 7 points per pint F and Nut Free

Oven Roasted Butternut and Delicata Squash

Delectably herbed and oven roasted sweet winter squashes 4 points per pint F and Nut Free

Chocolate Cake with Chocolate Pumpkin Mousse

HGTG's delicious dark chocolate cake topped with rich n' creamy chocolate-pumpkin mousse garnished with spiced candied pecans 7 points per slice F and NUTS

****Pardon us if the need arises to substitute an ingredient for another without notice. Nature can do the unpredictable. Thank you for understanding as we use only the best organic ingredients available each week...which may differ from when the menu was created. xoxo*